

Comprehensive Psycho-Educational Assessment

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Understanding how you or your child learns

A comprehensive psycho-educational assessment provides an in-depth look at cognitive abilities, academic skills, attention, executive functioning, and emotional/behavioural functioning. It can help identify strengths, areas of difficulty, and appropriate educational supports.

What Does the Assessment Look At?

Cognitive abilities

Thinking, reasoning, and overall cognitive functioning

Memory

Memory skills and information processing

Academic skills

Reading, writing, spelling, and mathematics

Attention & behaviour

Attention, concentration, and behavioural functioning

Executive functioning

Planning, organization, and self-management

Adaptive functioning

Everyday functioning and independence

Social & emotional functioning

Emotional functioning and internalizing/externalizing behaviours

What Can It Help Identify?

When assessment findings meet diagnostic criteria, a comprehensive assessment may assist with identifying:

- ✓ ADHD – inattentive, hyperactive-impulsive, or combined presentation
- ✓ Specific Learning Disorder(s) affecting reading, writing, and/or mathematics
- ✓ Anxiety disorders
- ✓ Depressive disorders
- ✓ Tic disorders
- ✓ Obsessive-Compulsive Disorder (OCD)

TOTAL ASSESSMENT FEE

\$3,200

Inclusive fee — no additional charge if the assessment takes longer than expected

Flexible Assessment Scheduling

The full assessment is approximately 20 billable hours. A comprehensive assessment typically requires 25–30 hours of total professional time, including approximately 8 hours of face-to-face assessment plus scoring, interpretation, and report writing. The \$3,200 fee is inclusive, so the total cost does not change based on how quickly or slowly the assessment is completed.

OPTION A 4-DAY SCHEDULE A more intensive schedule

Day 1: 1-hour background interview + 1-hour psychologist work
Days 2–3: 4 hours with client + 4 hours psychologist work each day
Day 4: 2-hour results meeting

\$3,200 total

OPTION B 6-DAY SCHEDULE A balanced schedule

Day 1: 1-hour background interview + 1-hour psychologist work
Days 2–5: 2 hours with client + 2 hours psychologist work each day
Day 6: 2-hour results meeting

\$3,200 total

OPTION C 10-DAY SCHEDULE A shorter-visit schedule

Day 1: 1-hour background interview + 1-hour psychologist work
Days 2–9: 1 hour with client + 1 hour psychologist work each day
Day 10: 2-hour results meeting

\$3,200 total

A Few Things to Know

- **Age range:** Comprehensive assessments are available for individuals age 6 and up.
- **For children and youth:** The background interview and results meeting are completed with parent(s) for clients ages 6–17.
- **Custody arrangements:** If a custody/parenting arrangement is in place, both custodial parents must sign consent before services begin with a minor.
- **Assessment tools:** Measures are selected based on the referral question and may include cognitive, academic, phonological processing, visual-motor, attention, behavioural, and executive-functioning measures.

Payment & Planning

\$3,200 INCLUSIVE ASSESSMENT FEE

The fee covers assessment sessions, scoring, interpretation, data collection, report writing, and the results meeting. You will not be charged extra if the assessment takes longer than the typical timeframe.

Payment Options

- Credit cards are automatically charged for sessions, including in-person, telephone, video, and no-show appointments.
- Credit card information is collected through the electronic intake form sent when you book.
- Direct billing is not available for insurance, Children, Seniors and Social Development (CSSD), Employee Assistance Programs (EAP), or Veterans Affairs Canada (VAC).
- If your insurance plan limits the amount of time or cost that can be claimed per day, we can work with you to create a schedule that fits your needs.
- Payment plans are available and can be discussed during an initial consultation.

Not Sure If an Assessment Is Right for You?

Start with an initial consultation.

An initial consultation provides an opportunity to discuss your concerns, clarify the questions you want the assessment to answer, and determine whether a comprehensive psycho-educational assessment is appropriate. If you decide to proceed, the consultation fee will be applied toward the full assessment cost.

What Is Included?

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| ✓ | Background history interview |
| ✓ | In-person assessment sessions |
| ✓ | Scoring and interpretation by the psychologist |
| ✓ | Data collection and integration of information |
| ✓ | Comprehensive written report |
| ✓ | Results meeting |

This document is provided for informational purposes. An electronic intake form will be sent if you choose to move forward with booking.