

Behavioural Psychological Assessment

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A clearer picture of strengths and needs

A behavioural psychological assessment looks at areas such as attention, memory, executive functioning, behaviour, and social/emotional functioning. It may also help identify appropriate educational or workplace accommodations when needed and warranted.

What Does the Assessment Look At?

Attention

Attention and concentration

Memory

Memory skills

Executive functioning

Planning, organization, and self-management

Behaviour

Behavioural patterns and concerns

Social & emotional functioning

Internalizing and externalizing behaviours

Accommodations

Educational and/or workplace supports, when warranted

What Can It Help Identify?

When assessment findings meet diagnostic criteria, a behavioural psychological assessment may assist with identifying:

- ✓ ADHD
- ✓ Anxiety disorders
- ✓ Obsessive-Compulsive Disorder (OCD)
- ✓ Depressive disorders
- ✓ Tic disorders

TOTAL ASSESSMENT FEE

\$1,950

Approximately 10 hours at \$195/hour

Your Assessment Experience

The assessment is completed over three sessions. Work completed by the psychologist outside of the client sessions—including scoring, interpretation, data collection, and report writing—is included in the assessment fee.

SESSI ON	WHAT TO EXPECT	TIME	FEE
1	Background History Interview In person, by video, or by telephone. For clients ages 6–17, this is completed with parent(s). Psychologist's assessment work: administration/interpretation, data collection, and scoring.	3 hrs	\$650
2	In-Person Assessment The client completes the assessment measures in person. Psychologist's assessment work: interpretation, data collection, and scoring.	3 hrs	\$650
3	Results Session Results are reviewed in person, by video, or by telephone. For clients ages 6–17, this is completed with parent(s). Report writing: completed by the psychologist.	4 hrs	\$650

Important Information

Who is it for? Individuals age 6 and up.

Learning concerns? If you are seeking an assessment for a Specific Learning Disorder in reading, writing, and/or mathematics, please ask about a **comprehensive psycho-educational assessment**.

Insurance limits? If your insurance plan limits the amount of time or cost that can be claimed per day, we can work with you to create a schedule that fits your needs.

Direct billing? Direct billing is not available for insurance, EAP, Veterans Affairs Canada (VAC), or Children, Seniors and Social Development (CSSD) programs.

Payment? Payment is collected at each session unless an alternative payment plan has been arranged. Credit card is the automatic payment method unless another arrangement is made.

Not sure which assessment is right for you?

You can schedule an initial consultation to discuss your concerns and determine whether a behavioural assessment is appropriate. If you proceed with the assessment, the consultation fee will be applied toward the total assessment cost.

This document is provided for informational purposes. An electronic intake form will be sent if you choose to proceed with booking.